

## Program Overview

The Integrated Mood and Anxiety Program (IMAP) is an elective group-based program comprised of a comprehensive orientation and assessment period followed by an intensive treatment program. This therapeutic program specializes in the treatment of mood and anxiety disorders. The program offers a full range of biological and psychotherapeutic treatments. Group work, as the primary approach, provides a supportive environment through which recovery can occur. Therapeutic groups explore themes of loss and grief, self-esteem, communication, balance between self-care, leisure and productivity, anger, relationships, and anxiety management. Family work and discharge planning are an integral part of the program. These disorders can involve serious medical and psychological complications and require professional attention and care.



## Program Trends and Patient Characteristics

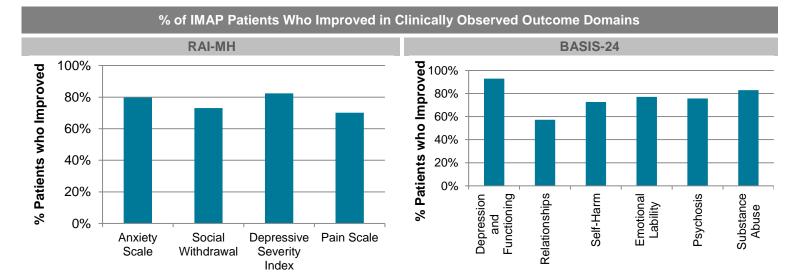
# of Patients	Age	Common Issues for IMAP Patients		
241	Avg: 43	Depression	Anxiety	Trauma
	18 - 65	81%*	57%	24%
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Percent of IMAP patients with these diagnoses.

## Clinically Observed Outcomes

The Resident Assessment Instrument-Mental Health (RAI-MH) and the Behavior and Symptom Identification Scale (BASIS-24) are completed at admission and discharge to assess clinical outcomes.

The graphs below illustrate that IMAP patients displayed positive rates of improvement (76% of patients improved, on average for RAI-MH; 76% on average for BASIS-24) for symptoms listed.



## Patient Satisfaction

Homewood is known for providing the highest quality of care to its patients. The patient comments left in our discharge survey are evidence of positive experiences and success during this phase of recovery.

