

# TRILLIUM ACUTE CARE PROGRAM

# Program Overview

We provide care for individuals with a high acuity episode of their mental health or addiction illness who, cannot be treated in the community, and require a period of stabilization and observation in hospital. Patients may be taken to the Emergency Department at Guelph General Hospital (GGH) for a comprehensive assessment by our skilled multidisciplinary team who will provide guidance on treatment and determine if an acute admission is required.

The objective of this program is to assess and stabilize individuals, 18 years and older, exhibiting unstable life-threatening and/or self-injurious behaviour related to psychiatric illness or disorder. This program provides patients with a secure environment with application of pharmacotherapy and other interventions such as resource education and coping skill development. Individuals admitted to Trillium 1, when considered to be stable, are moved to Trillium 2, a step-down unit, before being referred to another program within Homewood or discharged to other resources within the community.



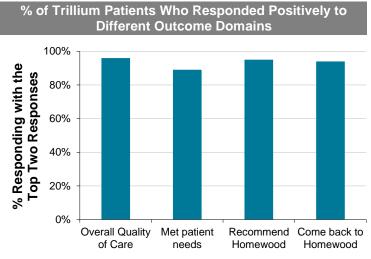
# Program Trends and Patient Characteristics

| # of<br>Patients        | 284       | Age           | Avg: 39<br>18 - 87 |
|-------------------------|-----------|---------------|--------------------|
| Average Length of Stay: |           | 26 Days       |                    |
| Commo                   | n Issues: | Substance Use | Depression         |
|                         |           | 42%*          | 31%                |

<sup>\*</sup> Percent of Trillium patients with these diagnoses

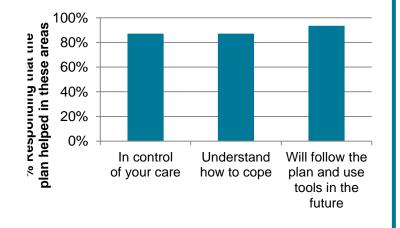
#### Patient Satisfaction

Homewood is known for providing the highest quality of care to its patients. The patient comments left in our discharge survey are evidence of positive experiences and success during this phase of recovery.



# Recovery Planning

Patients in Trillium complete a recovery plan during their stay to assist in their recovery after Homewood. Below represents their responses to the use of a recovery plan.



### Clinically Observed Outcomes

The Resident Assessment Instrument-Mental Health (RAI-MH) is completed at admission and discharge to assess clinical outcomes.

The graphs below illustrate that Trillium patients displayed positive rates of improvement (77% of patients improved, on average) for symptoms listed.

