

Program Overview

Geriatric Psychiatry is a specialized discipline providing assessment and treatment for older adults with dementias, depression and other mental health needs.

Canada's older adult population is growing rapidly and with this comes a need for specialized psychiatric services. For the older adult, mental illness may be related to physical, emotional, social and/or environmental changes. Our interdisciplinary team offers assessment and individualized treatment, and recommendations for the management of care.

Mood and Anxiety Program

The Mood and Anxiety Program is an elective service offering comprehensive assessment, treatment, and discharge planning in an environment designed specifically to address the unique needs of the older adult. Treatment goals focus primarily on promoting the highest level of independence, well-being, self-worth, and understanding of their illness. A holistic approach addressing themes of hopelessness and helplessness allows for exploration of psychological, social, functional, and biological issues. Follow-up recommendations are an essential component of our care.



Program Trends and Patient Characteristics

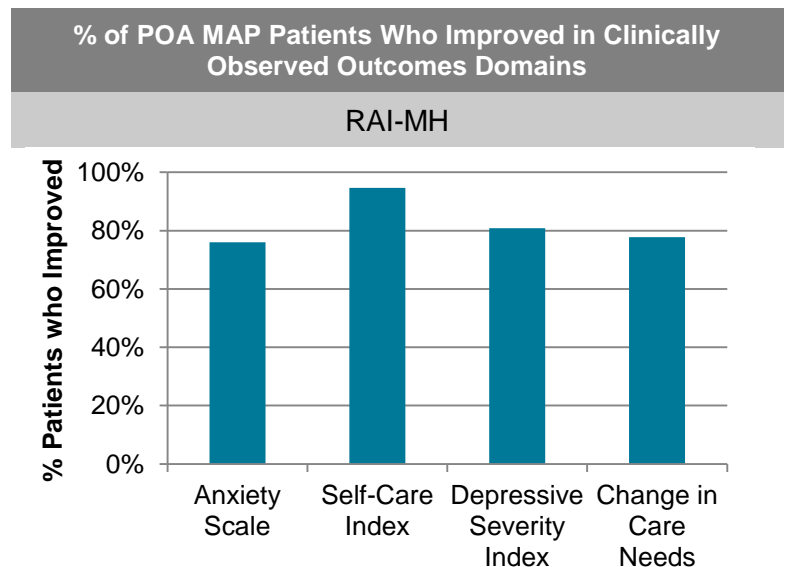
# of Patients	Age	Common Issues in POA Patients		
27	Avg: 72 56 - 92	Depression 89%*	Bipolar Disorder 15%	Substance Use 15%

* Percent of POA Map patients with these diagnoses.

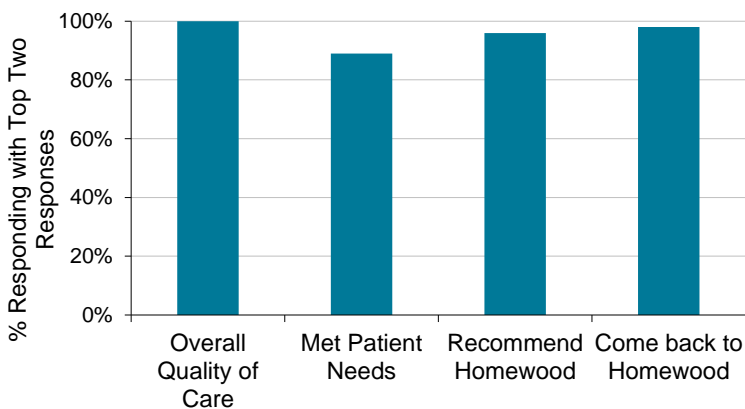
Clinically Observed Outcomes

The Resident Assessment Instrument-Mental Health (RAI-MH) is completed at admission and discharge to assess clinical outcomes.

The graphs to the right illustrate that POA MAP patients displayed positive rates of improvement (82% of patients improved, on average) for symptoms listed.



% of POA MAP Patient Families Who Responded Positively to Different Self-Reported Outcome Domains



Recent Feedback from POA Patients and Families

