

Program Overview

Homewood Health Centre has treated patients for addiction since we first opened our doors in 1883. The services we offer are part of Homewood Health's continuum of care.

The close association between addiction and Post-Traumatic Stress Disorder (PTSD) is well-established. Best clinical practice indicates that outcomes for those suffering from addiction and co-occurring PTSD are improved with an integrated treatment approach.

The Addiction-PTSD Recovery Program is for individuals struggling with addiction and symptoms of PTSD.

The Addiction Medicine Services (AMS) are founded on two underlying principles: abstinence and lifestyle change. Both factors are equally important for successful recovery from addiction and PTSD.



Program Trends and Patient Characteristics

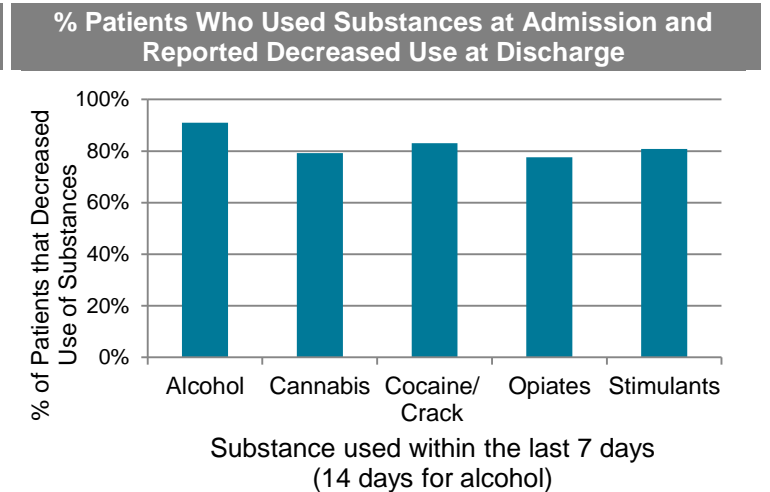
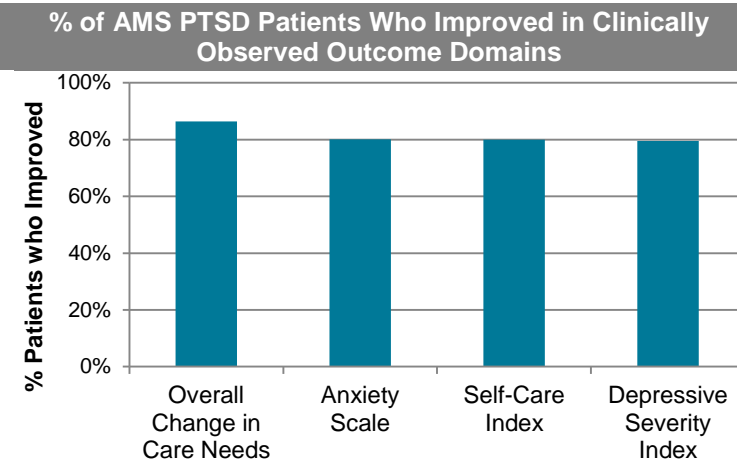
# of Patients	Age	Common Additional Issues in AMS PTSD Patients	
199	Avg: 41 19-67	Depression 24%*	Anxiety 12%

* Percent of AMS PTSD patients with these diagnoses in addition to substance related disorder and trauma disorder.

Clinically Observed Outcomes

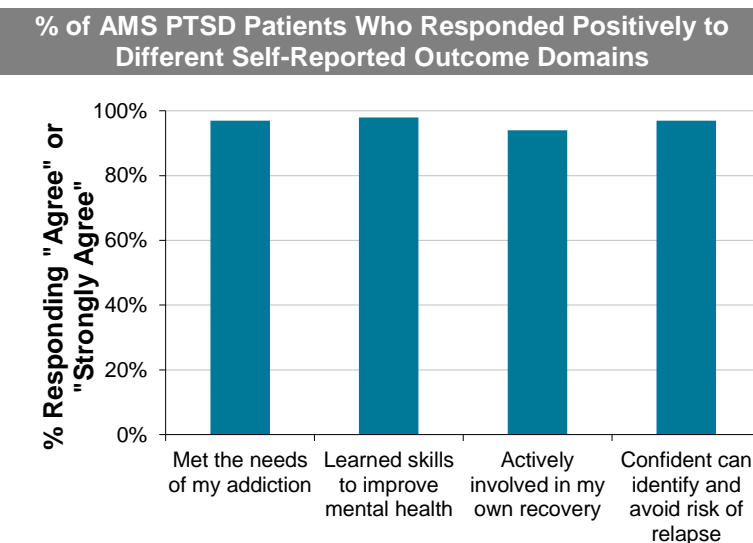
The Resident Assessment Instrument-Mental Health (RAI-MH) is completed at admission and discharge to assess clinical outcomes.

The graphs below illustrate that AMS PTSD patients displayed positive rates of improvement (80% of patients improved, on average) for symptoms listed and a decrease in use of substances.



Patient Satisfaction

Homewood is known for providing the highest quality of care to its patients. At Homewood, AMS is consistently the highest rated program in patient satisfaction achieving at least 90% agreement on a number of perception of care items including the ones below. The patient comments left in our discharge survey are further evidence of positive experiences and success during this phase of recovery.



Recent Feedback from AMS Patients

- "This program changes lives"
- "Homewood is an exceptional place that provides exceptional care"
- "It is a challenging program and that is exactly what I needed"
- "The staff go above and beyond to meet patient needs"
- "Homewood saved my life and helped to change my thinking for the better"
- "This program works if you work it"