

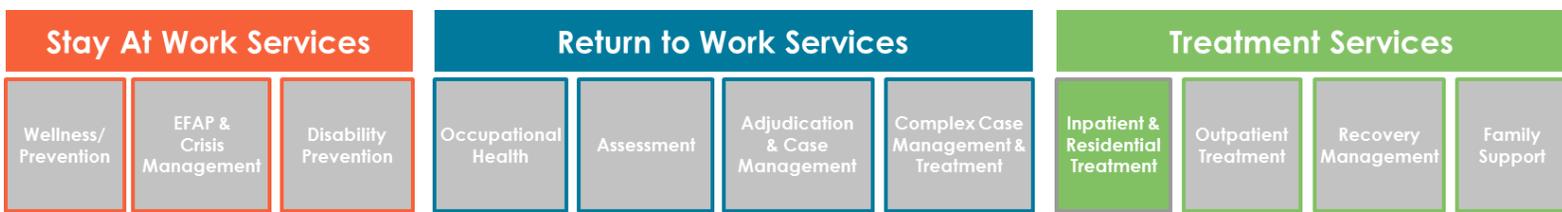
## Program Overview

Geriatric Psychiatry is a specialized discipline providing assessment and treatment for older adults with dementias, depression and other mental health needs.

Canada's older adult population is growing rapidly and with this comes a need for specialized psychiatric services. For the older adult, mental illness may be related to physical, emotional, social and/or environmental changes. Our interdisciplinary team offers assessment and individualized treatment, and recommendations for the management of care.

## Cognitive Impairment (Dementia) Program

The Cognitive Impairment (Dementia) program provides comprehensive assessment, treatment, and discharge planning in a safe environment designed to enhance the individual's dignity and autonomy. Maintaining the cognitively impaired individual's highest level of functioning and self-worth is a prime goal while implementing treatment interventions to provide support for behavioural changes associated with the diagnosis. Our holistic approach includes psychological, social, and biological interventions to attain each person's full capacity for functioning and quality of life, and to allow for informed recommendations for the most appropriate place of residence



## Program Trends and Patient Characteristics

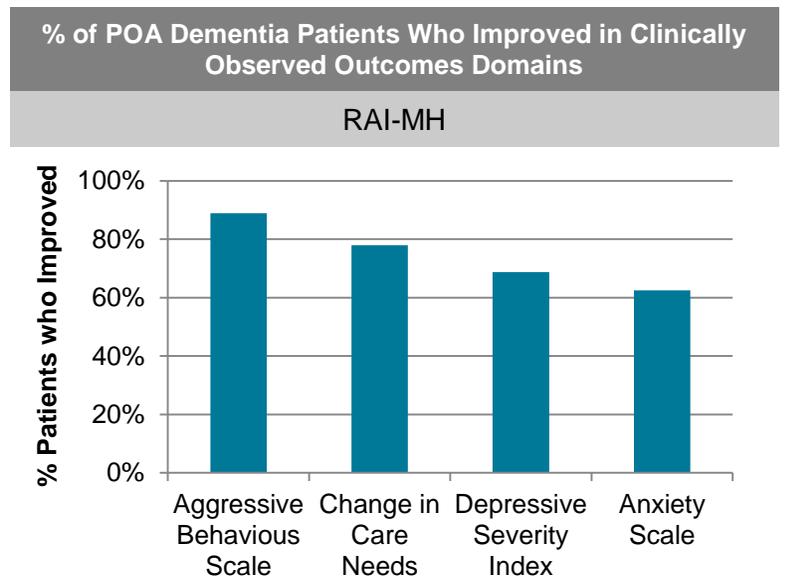
# of Patients	Age	Common Issues in POA Patients		
37	Avg: 69 53 - 90	Neurocognitive Disorder 41%	Bipolar Disorder 32%	Schizophrenia/Psychotic Disorder 16%

\* Percent of POA Dementia patients with these diagnoses.

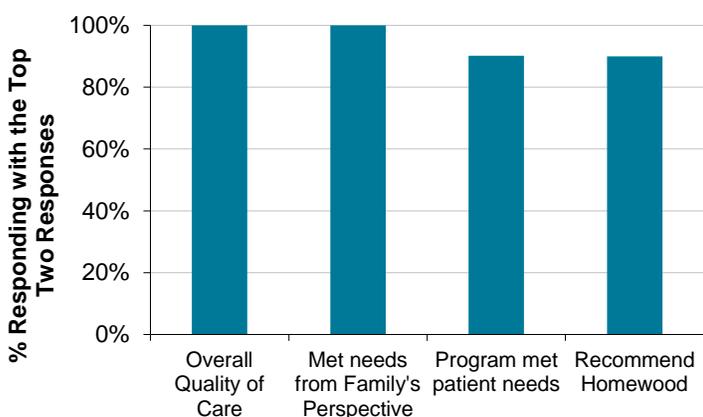
## Clinically Observed Outcomes

The Resident Assessment Instrument-Mental Health (RAI-MH) is completed at admission and discharge to assess clinical outcomes.

The graphs to the right illustrate that POA Dementia patients displayed positive rates of improvement (75% of patients improved, on average) for symptoms listed.



## % of POA Dementia Patient Families Who Responded Positively to Different Self-Reported Outcome Domains



## Recent Feedback from POA Patients and Families

