

INTEGRATED MOOD AND ANXIETY PROGRAM

Program Overview

The Integrated Mood and Anxiety Program (IMAP) is an elective group-based program comprised of a comprehensive orientation and assessment period followed by an intensive treatment program. This therapeutic program specializes in the treatment of mood and anxiety disorders. The program offers a full range of biological and psychotherapeutic treatments. Group work, as the primary approach, provides a supportive environment through which recovery can

occur. Therapeutic groups explore themes of loss and grief, self-esteem, communication, balance between self-care, leisure and productivity, anger, relationships, and anxiety management. Family work and discharge planning are an integral part of the program. These disorders can involve serious medical and psychological complications and require professional attention and care.



Program Trends and Patient Characteristics

# of Patients	Age	Common Issues for IMAP Patients		
201	Avg: 43 18 - 68	Depression 84%*	Anxiety 47%	Trauma 34%

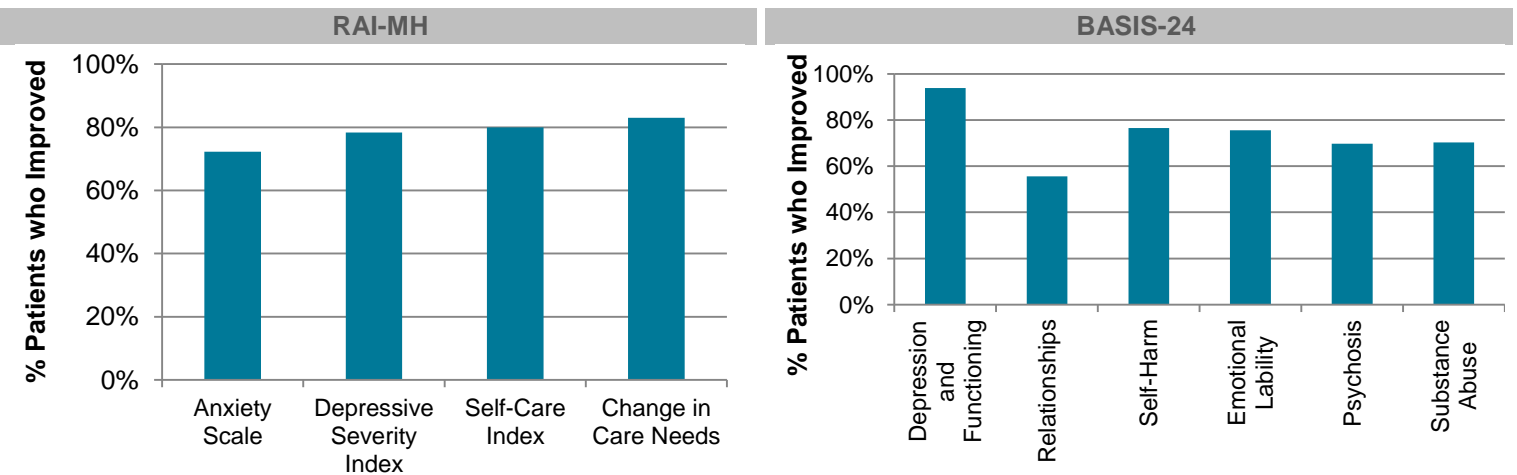
* Percent of IMAP patients with these diagnoses.

Clinically Observed Outcomes

The Resident Assessment Instrument-Mental Health (RAI-MH) and the Behavior and Symptom Identification Scale (BASIS-24) are completed at admission and discharge to assess clinical outcomes.

The graphs below illustrate that IMAP patients displayed positive rates of improvement (78% of patients improved, on average for RAI-MH; 74% on average for BASIS-24) for symptoms listed.

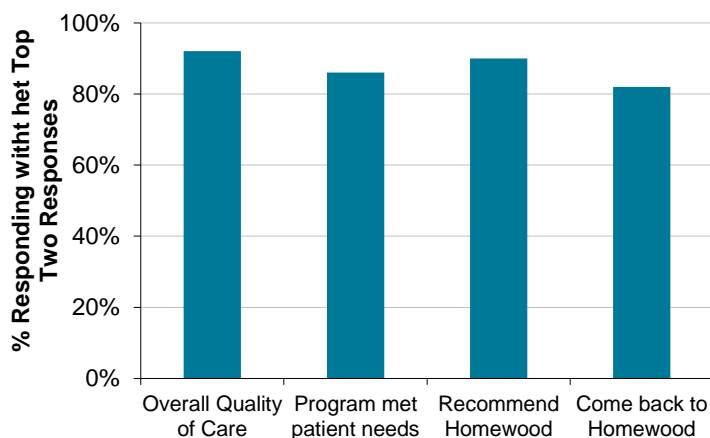
% of IMAP Patients Who Improved in Clinically Observed Outcome Domains



Patient Satisfaction

Homewood is known for providing the highest quality of care to its patients. The patient comments left in our discharge survey are evidence of positive experiences and success during this phase of recovery.

% of IMAP Patients Who Responded Positively to Different Self-Reported Outcome Domains



Recent Feedback from IMAP Patients

"I have become hopeful"

"The knowledge I gained was empowering and the opportunity to practice it invaluable"

"Nurses were professional, extremely competent, easy to talk to, and effective"

"I learned a lot about myself and my illness. I wouldn't be on a road to recovery without Homewood"

"This program saved my life"

"IMAP gave me tools and information that I needed to cope and get better"