

Comprehensive Psychiatric Care FY 2016

Program Overview

Comprehensive Psychiatric Care (CPC) is an intermediate care and rehabilitation in-patient program aimed at minimizing symptoms of chronic mental illness, improving quality of life and helping individuals reach their maximum level of functioning. This program is for a diverse population of individuals, carrying a wide set of diagnoses. Many have developed unhealthy coping patterns and often struggle to achieve their goals due to a lack of structure and purpose in their daily lives. Many have been diagnosed with multiple psychiatric illnesses or have found that treatments in conventional settings were not enough to keep them well.

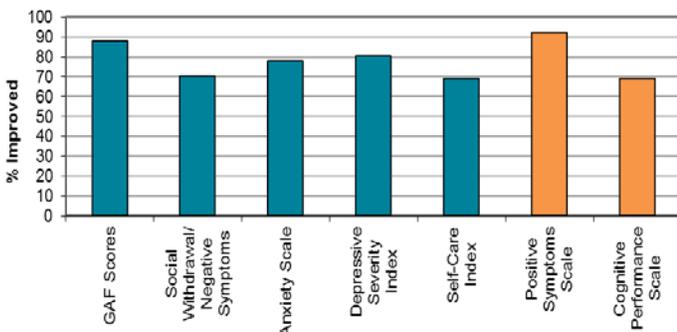
Program Trends and Patient Characteristics

- 207 patients were discharged from CPC in 2016. They were between 18 and 75 years of age (average age 38 years) and 50% were male.
- Individuals come to CPC as voluntary patients.
- About 77% of CPC patients have had prior admissions to an inpatient mental health treatment setting at some point in their lifetime.
- The most common comorbid conditions are mood disorders and anxiety disorders, while some may also have concurrent schizophrenia disorders.

Clinically Observed Outcomes

The Resident Assessment Instrument-Mental Health (RAI-MH) is a comprehensive, standardized instrument evaluating symptoms and functioning, socio-demographics, behaviours, prior experiences, and interventions. The outcomes below reflect the percentage of patients whose difficulty with certain symptoms or functioning improved from admission to discharge.

% of 2016 CPC Patients Who Improved in Clinically Observed Outcome Domains

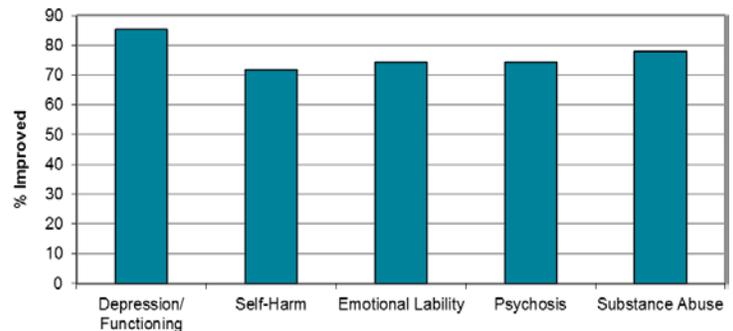


The graph above illustrates that CPC patients displayed positive rates of improvement (78% on average) for all outcome indicators.

Self-Reported Outcomes

The Behaviour and Symptom Identification Scale (BASIS-24) is a self-reported, objective measure of symptoms and functioning that assesses outcomes of psychiatric care from the patient's perspective. Below are results of improvement from admission to discharge for the subscales most relevant to CPC.

% of 2016 CPC Patients Who Improved in Self-Reported Symptoms and Functioning



The graph above illustrates that CPC patients displayed positive rates of improvement (greater than 71%) for all outcome indicators.

Patient Perceptions of Care

Overall Rating of Care at CPC:

- CPC is consistently rated high among patients completing the program.
- Patients, on average, rate the overall quality of care as 8 out of 10 (10 best care).
- 80% of patients said they would recommend CPC and Homewood to others in need of treatment.
- 92% of patients felt they were helped by the care they received.

What patients have said about the program...

"The nursing staff listened to me and my points of concern were taken seriously. The support of other patients was positive and meaningful. The nursing staff were reassuring to my loved ones."

"Opportunities which made a difference were the great, supportive nursing staff, occupational therapists, recreational coordinators, social works, chaplain, unit managers, and (physicians)".

"I was given the chance to try new activities and the program group helped create healthy ways to cope with my symptoms."

