

# Trillium Acute Care Program FY 2016

## Program Overview

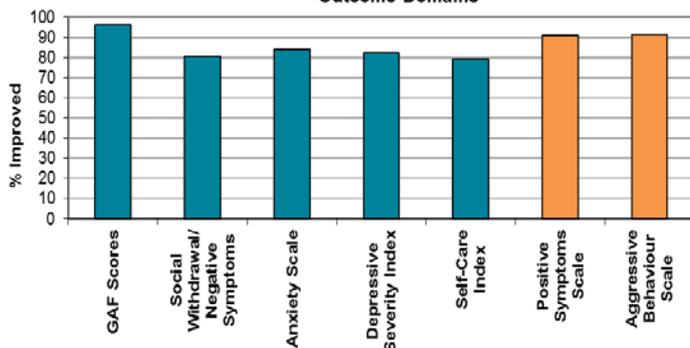
We provide care for individuals with a high acuity episode of their mental health or addiction illness who, cannot be managed in the community, and require a period of stabilization and observation in hospital. Patients may be taken to the Emergency Department at Guelph General Hospital (GGH) for a comprehensive assessment by our skilled multidisciplinary team who will provide guidance on treatment and determine if an acute admission is required.

The objective of this program is to assess and stabilize individuals, 18 years and older, exhibiting unstable life-threatening and/or self-injurious behaviour related to psychiatric illness or disorder. This program provides patients with a secure environment with application of pharmacotherapy and other interventions such as resource education and coping skill development. Individuals admitted to Trillium 1, when considered to be stable, are moved to Trillium 2, a step-down unit, before being referred to another program within Homewood or discharged to other resources within the community.

## Clinically Observed Outcomes

The Resident Assessment Instrument-Mental Health (RAI-MH) is a comprehensive, standardized instrument evaluating symptoms and functioning, socio-demographics, behaviours, prior experiences, and interventions. The outcomes below reflect the percentage of patients whose difficulty with certain symptoms or functioning improved from admission to discharge

**% of 2016 Trillium Patients Who Improved in Clinically Observed Outcome Domains**



The previous graph illustrates that Trillium patients displayed positive rates of improvement (86% on average) for all outcome indicators.

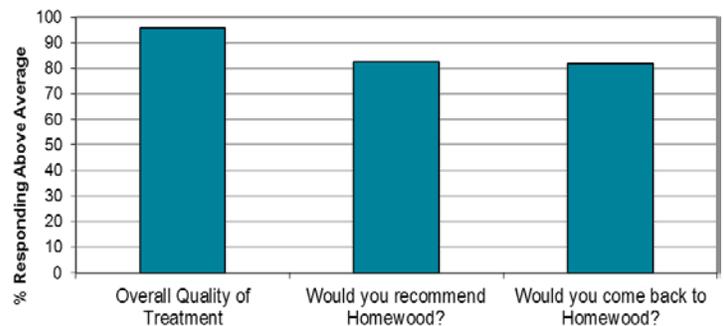
## Program Trends and Patient Characteristics

- 341 patients were discharged from Trillium in 2016. They were between 18 and 87 years of age (average age 39 years) and 53% were female and 47% were male
- Individuals come to Trillium for stabilization.
- Approximately 74% of Trillium patients have had prior admissions to an inpatient mental health treatment setting at some point in their lifetime.
- The most common conditions are mood disorders and substance related disorders followed by schizophrenia.

## Patient Satisfaction

Trillium patients are asked to rate the degree to which they were satisfied with the program. The following graph displays the percentages of those who had above average responses for three domains.

**% of 2016 Trillium Patients Who Responded Positively to the Program**



The graph above illustrates that Trillium patients displayed a positive degree of satisfaction (greater than 81%) for all three domains.

### *What patients have said about the program...*

“I found the care I received at the hospital as extremely helpful, knowledgeable and professional”

“I felt like (my psychiatrist) heard me and didn't make me repeat old stuff. I appreciated her kindness and her trust in me.”

“I found all nurses and doctors to be accommodating to my needs as I verbalized them.”

“Thanks, you were awesome.”

