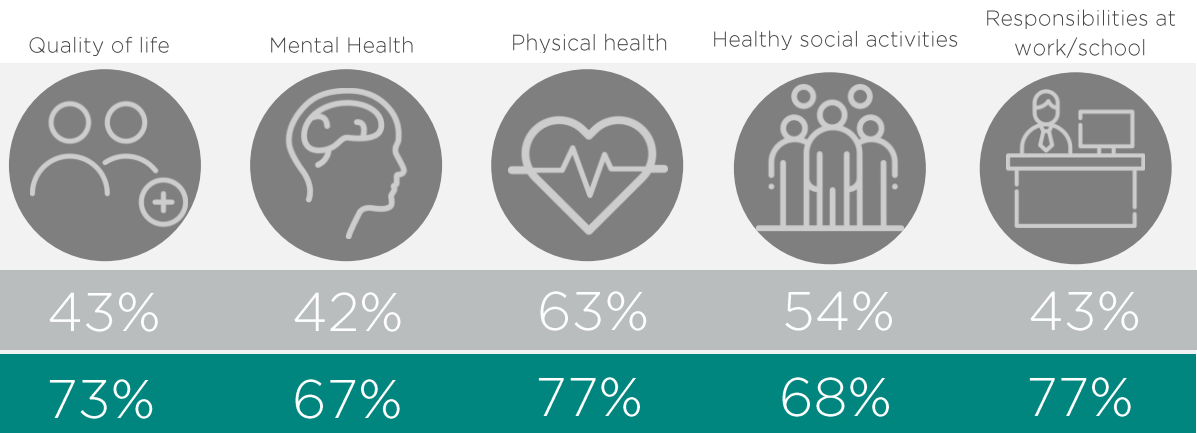


Addiction Medicine Service 12-Month Outcome Report ...a look at the recovery journey

At Homewood Research Institute (HRI) we continue to explore outcomes of patients who receive treatment in Addiction Medicine Services (AMS) at Homewood Health Centre. Our recovery monitoring system allows us to explore data from patients who have agreed to complete questionnaires at the time of admission, discharge, and at 1, 3, 6 and 12 months post-discharge. The following report looks at 113 participants who were admitted and discharged between April 2015 and March 2016, and completed the survey at the admission and 12-month time points.

What did we find?

Percentages refer to ratings of good, very good, or excellent

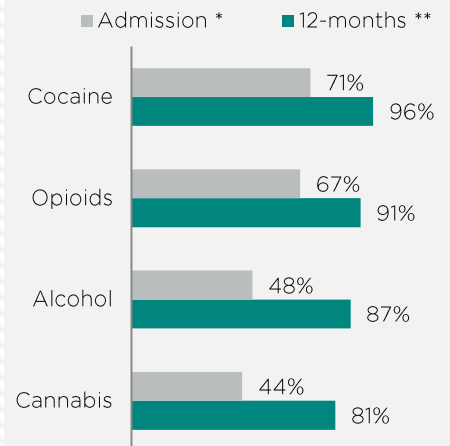


What characteristics are associated with abstinence?



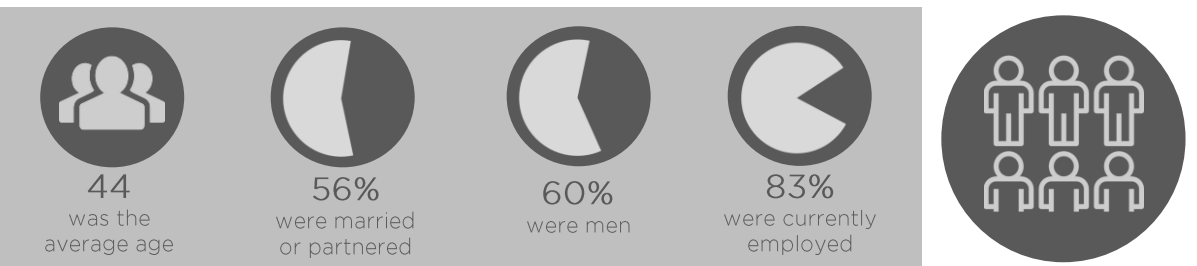
61% reported continuous abstinence from alcohol and drugs at 12-months post-discharge

% of days abstinent

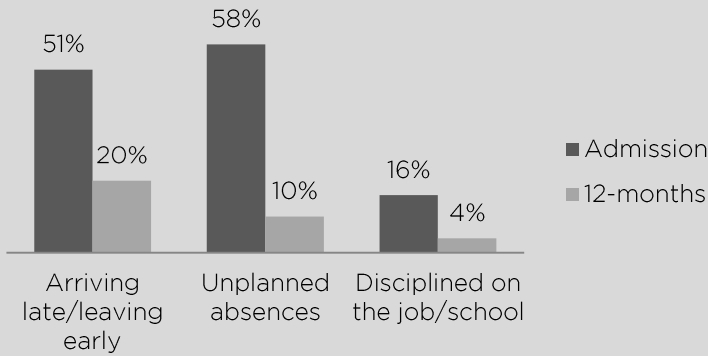


*in the past 90 days prior to admission
**in the past 30 days prior to the 12-month follow up

Who did we speak to?



Changes in occupational performance

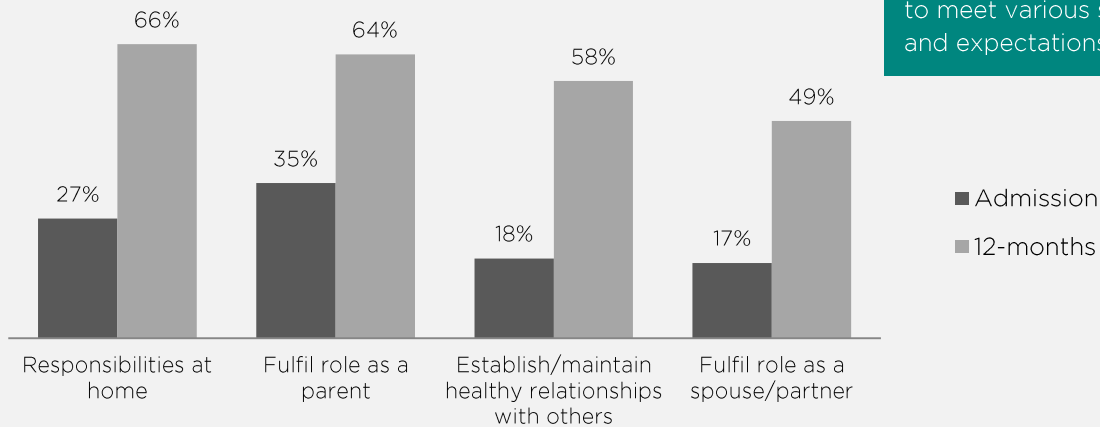


Overall fewer participants reported problems with their attendance at work/school or being disciplined on the job/at school

68% of participants who reported being in the work force at admission, and returned to the work force at 12-months post-discharge

Percentages refer to participants' rated performance in the past 90 days at admission and the past 30 days at 12-months post-discharge.

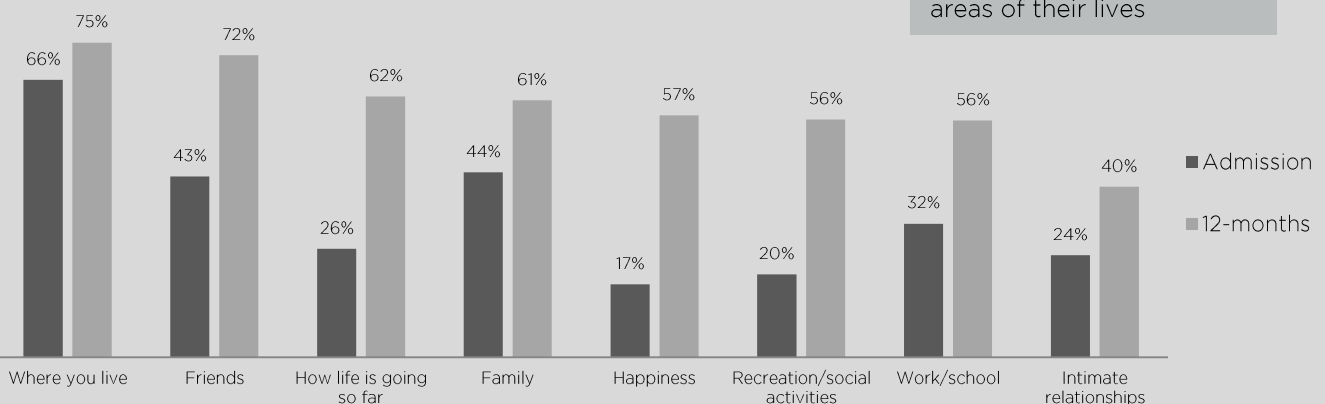
Ability to meet social roles and responsibilities



Participants reported improvement in their ability to meet various social roles and expectations

Percentages refer to participants who identified as able to meet social roles & responsibilities an extreme amount, very much or a moderate amount.

Life satisfaction



Overall participants felt more satisfied with many areas of their lives

Percentages refer to participants who identified as very satisfied, satisfied, or moderately satisfied on each scale of life satisfaction.

“ I'm grateful for the program. It helped build my inner foundation for my second chance for my family and my life. I haven't relapsed (as of today) and want to keep it that way so I've put my sobriety FIRST... I tell everyone that asks, Homewood saved my life and now I have to enjoy my second chance of living it!!!! ”

- AMS participant, 1-month post-discharge

